

PUTTING 101

Perhaps the most important part of playing the game of golf is the ability to take the fewest number of putts possible during a round of golf. You can save many errant shots if you are able to sink putts. Just as easily, you can turn a great hole into a bummer hole if are not able to make putts. Below you will find some keys to hitting solid putts.

- First, remember that you need to keep your head steady while you make the entire putting stroke. Pretend that there is a dime underneath your golf ball. You need to know if it is heads or tails before your ball goes in the hole.
- Next, you want to make a pendulum stroke with your arms and shoulders doing most of the work. Think of the way a grandfather clock moves back and forth. Steady and smooth from the top of the clock.
- Lastly, be sure that the putter head moves at least as far past the golf ball as you took the putter back away from the golf ball.

There are other considerations that you can make while trying to improve your putting. Some things you can consider would be to try holding the club differently. Two other ways to hold the club would be cross-handed or with a claw grip.

You can also try using a different grip on your putter which will allow you to grip the putter with your shoulders level.

If you have questions about any of the putting recommendations listed above please see one of your coaches and they will be happy to work with you on any part of your putting game.